

We appreciate your interest in UC Irvine Rowing and thank you for your financial support. We are pleased to deliver to you this Newsletter for the Men's and Women's Rowing programs and Alumni, generated with the Friends of UCIrvine Rowing.

Carrie Chamberlain Women's Head Coach Scott Charette Men's Head Coach Bridget Jacobson Head Coach, Novices, M&W Duvall Y. Hecht Director of Rowing

Men's Rowing - Year in Review by Scott Charette

The season concluded at the WIRA Championships on May 3 for all but five 4-year seniors who will compete at next month's IRA. The familiar ride back to Irvine from Sacramento after WIRA, full of emotion, represented an end to this chapter in life for the other seniors while our freshmen are just beginning.

This season's early training was similar to last year's with the addition of the crew doing their small boat rowing together. Rather than leave it up to the rowers to plan their workouts as we have for the past three seasons, we scheduled practice times on Tuesdays and Thursdays to focus on competitive sculling.

In the Long Beach Series and other early events, the team raced as much as possible in singles, doubles and fours. We also raced eights in the larger regattas. Our emphasis on small boats continued all the way to early spring when the eight's became the focus. The skill level of this season's crew was definitely elevated, and the transition to the big boats was smooth.

An addition to this year's cross training was a weekly triathlon consisting of 24 lengths in the pool followed by 6k on the erg and concluding with a 2 mile run around the track with two flights up the bleachers after each lap. The event took about an hour and proved to be a positive way to get the team to suffer together.

The work in the weight room continued as usual with big improvements.

The 15k erg sessions were also a big part of our early spring speed, so much so that next season we will begin them a month earlier.

The result of all that hard work was the 2ndN8, N8, JV8 and V8 each had a victory this season. Both the 2ndN8 and the N8 won their first races to kick off the season, and the V8 won back the Parker Cup after a three year absence. The JV8 had some close races, including a very close 0.2 second win over Newport Bay rivals OCC.

continued next page



MV8 after winning the Parker Cup on Ballona Creek

Women's Rowing - Year in Review by Carrie Chamberlain

A silver medal, a bronze medal and a 2nd team all WIRA selection. I write this review of the Women's season on the tail of very successful WIRA racing in Sacramento and on the eve of our departure for the Dad Vail Regatta where we plan to demonstrate at a national competition our increased boat speed.

At the beginning of training in early October, the 16 varsity women looked at me with apprehension as I talked of my aggressive goals for the season. Winning banners and medals at WIRA, the San Diego Crew Classic and the Dad Vail were at the top on my list. Training to win and re-organizing the on- and off-water programs to do so dominated the initial squad meeting.

Standards of performance were set high and, from the beginning, the women had to achieve specified goals to get a team boat on the water. Many practices during the first few months were spent on the erg as the rowers pushed both mentally and physically for tenacity and fitness. The bar was set very high and some dropped out along the way. But the ten varsity women who fought through have raced well and have brought pride to the Irvine boathouse.

One of the big changes this year was the decision to emphasize the recruitment for and development of lightweight racing. This effort was quite successful because many of the rowing candidates walking the Irvine campus are natural lightweights. Only four novices this year were not lightweight.

Racing season began in February with a win for the V4 against LMU and SDSU while the N8 was only 9 seconds off of SDSU. The following weekend Irvine posted wins across the board against UCSD and LBSU. The season was off with a bang!

During spring break the varsity suffered some injuries and the loss of their stroke and team captain due to NCAA issues. Despite the now smaller roster, the seven varsity responded with focus and maturity.

continued next page



Men's Rowing ... continued



The Men's program was four 8's strong the entire season, an indication of the strength of the program. I was particularly impressed by the commitment of this year's 2ndN8 which continued to train during the two weeks leading up to WIRA even though their season had ended at the Newport Regatta. These guy's are going to be a big part of the future success of this program. Maybe attitude is everything.

Winning is quite fun while it is happening, but I think the real success in rowing comes from the journey. Working together as a team to put yourself in a position to win is what you remember. This season, beyond the victories,



MJV8 after 0.2 second win over OCC

the team aspect was the best part. Hard work was the cornerstone, and the friendships enabled the team to push on every stroke of every day. This team suffered together so they made it a point to do some things together away from rowing, thus creating memories that will last a lifetime.

The Novice squad this season had size and athleticism and will need every bit of it to fill the shoes of our ten graduating seniors. At the season's end, we have 29 men on our roster, and 24 of the 29 have already met the time standard required to participate on next year's varsity crew. With the addition of freshman recruits, the 2009-10 varsity should have the depth to move up the competitive ladder.



Left: MN8 at 1300m Lido Channel vs UCSB, USD, UCSD; Right: Stern shot of MV8, February, 2009



Women's Rowing ... continued



A novice was moved up and, on their first race with this new line-up, the V8 posted a 3rd place finish in the Open Event at the San Diego Crew Classic. In the week before the Collins Cup, two more freshman seat-raced into the V8.

The dual race with OCC was intense and grueling. At no point down the course did either crew have more than a seat or two advantage. In classic Collins Cup

fashion, the lead changed at least 8 times. As the crews crossed the line, Irvine came up 0.1 second short. A heartbreaking loss, but a fire was born in UCI's rowers to display their true capabilities.

Over the next couple of weeks, we mixed the novice and varsity squads to practice in their WIRA line-ups: 21 rowers and 3 coxswains would race in 7 events, most with heats in addition to finals. The women practiced multiple times a day in their various line-ups.

Our planning and hard work paid off at WIRA as 5 of the 7 UCI crews made the grand finals. The Varsity 4 took silver, narrowly losing to Gonzaga; the Novice Lightweight 4 claimed bronze; the Lightweight 8 placed fourth; the Varsity Pair placed fourth; and the Varsity Lightweight 4 placed fifth. The Novice 8 placed 4th in the 3rd level finals fighting all the way down the course.

The Dad Vail Regatta, five days away, is our last collegiate race and our last opportunity in a major regatta. The women are clearly motivated by their near misses at SDCC, the Collins Cup and WIRA. Their passion is intense, and their determination and tenacity palpable. I'm proud that these rowers have achieved such positive focus for this upcoming competition because that's certainly a major part of the legacy of rowing on Shellmaker Island.



WV8 with Tyler and Budge Collins after a down-to-the-wire race for the Collins Cup



WN8 Scrimmaging against CSULB

Spring, 2009

Top: Men's and Women's Crews, January 2009

Middle: WV4+ with Silver WIRA Medals; WVLtwt4+ at WIRA; WNLtwt4+ with Bronze WIRA Medals

Bottom: MN8, in front of four other crews, battling for the lead in WIRA Petite Finals; M2ndN8 racing on Lido Channel













A Big Thank You to Our Coaches

Our coaches consistently provide so much extra effort "above and beyond the call" that we sometimes forget to express how much we appreciate their contributions to the student-athlete experience at UCI. So we'll say it again here: thanks so much for another year of UCI rowing.

Pictured at right: <u>Scott Charette</u> (Men's Head Coach); <u>Bridget Jacobson</u> ('01; Head Coach, Novices, Men and Women); <u>Carrie Chamberlain</u> (Women's Head Coach).

Not pictured are Volunteer Novice Coaches: Alix Howard ('07), Laurel Dinwiddie ('08) and Brad DeGrandis.



Seniors, 2009

Women's Rowing will graduate four seniors, including one 4-year rower. Men's Rowing will graduate ten seniors, including five 4-year rowers. We congratulate these seniors and wish them the best in their coming endeavors. Listed below are the number of years rowed and academic majors.

Women: <u>Ashley Fee</u> (4 yrs; Public Health Science); <u>Stacey Giles</u> (2 yrs; Criminology); <u>Tabitha Schnose</u> (2 yrs; Cognitive Science and Religious Studies); <u>Jennifer "Gwen" Stacy</u> (1 yr; Anthropology)

Men: <u>Mat Anderson</u> (4 yrs; Biological Science); <u>Derrick Diego</u> (4 yrs; Chemistry); <u>Jonathan Iwata</u> (4 yrs; Film Media Studies); <u>Andre</u> <u>Paredes</u> (4 yrs; Biomedical Engineering & Biology); <u>Oracio Sanchez</u> (4 yrs; Spanish Literature and Global Culture); <u>Richard Denny</u> (3 yrs; Mathematics); <u>Jeff Draper</u> (3 yrs; Biomedical Engineering); <u>Edwin Ohanian</u> (3 yrs; Economics); <u>David Quijano</u> (2 yrs; Psychology); <u>Anthony Trebbin</u> (2 yrs; Business Economics)



Anderson







Draper





Giles

Stacy



Fee

Iwata



Ohanian





Diego

Quijano

Sanchez

Schnose

Trebbin

Thanks to All the Parents and Families

Paredes

David & Jodi Hess and Karen & David Dick answered the coaches' request at the beginning of the season and volunteered for "Team Parent Coordinators." They have generously given their time to support the crews and to organize the contributions of the other parents.

In addition, Karen & David Dick hosted the entire Men's and Women's Crews for dinner at their home on the Saturday night of the SDCC. Melody Fee and Dani Hise again hosted the team dinner at the Fee household the Friday night before WIRA. Also, Shannon & David Doucette took the lead for a BBQ dinner on the Saturday night of WIRA.

Many parents donated to the post-race team food purchases, and many brought food and supplies on race days. In addition, parents contribute financially to the Crew through UCI (see page 7). We can't thank you enough. Below are some photos of parents at events throughout the season.







Above, left to right: Jodi & David Hess; Geralyn Vander Vis; Karen & David Dick; Beverly Bell; Alison & Stephen Cleeland



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Mike Izzi, UCI Athletic Director

Mike Izzi took over as UCI's Athletic Director in January, 2008, after spending the past 16 years at Stanford University where, most recently, he coordinated fundraising and development strategies. We are especially encouraged by his personal experience in the construction of Stanford's Rowing & Sailing Center which was completed in 2004.

Very soon after arriving on UCI's campus, Mike involved himself with the issues facing the rowing program and already has had multiple meetings with Bruce Ibbetson '75, Duvall Hecht and other representatives of Women's and Men's Rowing. In May 2008, Mike spent an afternoon visiting Shellmaker Island with the coaches and alumni to discuss the construction of the replacement boathouse and development of the rowing program so as to achieve "best in class" status. We look forward to working with him and his leadership in the years ahead.

2009 Newport Beach Triathlon

The Newport Beach Triathlon was held April 19, 2009 at the Newport Dunes and the Back Bay area. This event is presented by Pacific Sports LLC, headed by Jack Caress (UCI '74; Golf). As part of its fundraising efforts since 2003, UCI Rowing has provided most of the "volunteers" for the event and is its official charity. UCI Rowers provided logistical support and assistance on the day of the event. In return, the rowing program is grateful for the donations from the Newport Beach Triatholon and its participants.



Left: UCI rowers prepare participant bags the night before the triathlon.

Right: UCI rower writes an athlete's number on his arms and legs before the event begins.



Scholar-Athlete Banquet

The UCI Athletic Department will hold the 2009 Scholar-Athlete Banquet in Crawford Hall on Thursday, June 4, 2009.

Scholar-athletes of all sports will be recognized and honored. The Athletic Department offers this event as its yearly gathering and fund raising effort. It replaces (at least temporarily) the Hall of Fame Brunch (which in the past had been well attended by Rowing Alums) and the Sports o' Call.

Those interested in attending should contact Kerry Boznanski, Director of Donor Relations, 949-824-5550 or kboznans@uci.edu

Alumni / Masters Rowing

The Women's program set the mark for Alumni rowing in 2009, with two UCI 8's entered at the San Diego Crew Classic: Open and, pictured at right, Masters A (3rd place finish; 1 to r): Rachel Sung ('05), Carrie Chamberlain (UCI Women's Head Coach), Niki Calastas ('00), Laurel Dinwiddie ('07; UCI Volunteer Novice Coach), Bridget Jacobson ('01; UCI Head Novice Coach), Monica Dunford ('01), Nadia Moya ('03), Alyssa Vanderweerd ('01). The Women's Alums also had an 8 at last Fall's NARF, Newport Autumn Rowing Festival.

Other UCI Alumni boats at NARF (below, l to r): 4+ (bow to stern) Jed Rogge ('95), Kieran Coghlan ('96), Rob Walker ('96), Aaron Frank ('96) and Jennifer Jacobson-Frank ('96; cox); 2x of Mike Maxwell ('03) & Dave Heimerl ('01); single sculler Scott Charette (UCI Men's Head Coach).

UCI Rowing alumni at the 2009 SDCC in boats from other clubs included Jim "Evil" Erwin ('75), Greg Fletcher ('76) and Greg Springer ('83) rowing for Rocky Mountain Rowing Club; and Mike Aguiar ('88) rowing for Kent Mitchell Rowing Club.







Spring, 2009

Some Updates of Alumni Profiles

The Friends of UCIrvine Rowing website has profiles of over 200 Alumni. Below are a few of the recent updates and additions.

• <u>Monica Dunford</u> ('01; Physics) received a PhD in Physics from the University of Pennsylvania and then joined the faculty at the University of Chicago. She was one of three US particle physicists interviewed by Steve Kroft in the "60 Minutes" episode on the start-up of the international Large Hadron Collider in Switzerland that was broadcast in September, 2008. Also, Monica raced in the Women's Alumni 8 that finished 3rd at this year's SDCC (see picture page 5).





• <u>Sheena Tahilramani</u> ('01; Literary Journalism) graduated from Columbia University's Graduate School of Journalism in 2007 with an emphasis on new media and online journalism. She spent Fall 2007 interning in the Office of Political Affairs at the White House, where she drafted briefing papers for top-level officials. Now she is Chief of Staff for Karl Rove (former Deputy Chief of Staff and Senior Advisor to President George W. Bush) and serves as Mr. Rove's media liaison. In addition to organizing the Karl Rove & Company's staff and managing logistics for Mr. Rove's public appearances, she is responsible for managing the company's online presence, including Mr. Rove's official website.

• **Roy Beven** ('74; Physics) is the recipient of the 2009 UCI Distinguished Alumni award for the School of Physical Sciences to be presented May 14, 2009 by the UCI Alumni Association. Roy has spent his 35+ year professional career in education. He received many awards for his 25+ years of classroom teaching and leadership, including a 1994 Presidential Award for Excellence in Science and Mathematics Teaching. Roy was also a faculty member at the University of Western Washington; has published three books on teaching physics; and led the team that set testing standards for science and mathematics education in secondary schools for the State of Washington.





• Joe Russo ('07; Chemistry) was discharged from the US Marine Corp in December 2008; he had been deployed to Iraq (2003) and Africa (2006). Last May he married Teresa, and they are expecting a child about the time this newsletter is distributed. Joe and Teresa live in Banning in Riverside County. He works as an intern teacher in Math/Chemistry and helps the family manage Russo's Italian Kitchen (best Italian food on the West Coast). He is currently working on receiving his teaching credential from CSUSB and his Masters in Theology from the Franciscan University of Steubenville.

UCI Rowing Homecoming, March 7-8, 2009

Homecoming weekend included collegiate races on Saturday; an Alumni row Sunday morning; and concluded with a Sunday lunch at the Steelhead Brewery.

The collegiate crews raced well on Saturday, and on Sunday morning the Alums filled more than three 8's. On Sunday afternoon about 120 Alums, guests, coaches and current athletes gathered at Steelhead to enjoy lunch, reconnect with old friends and meet new rowers. Those in attendance spanned the years from the founding 1965-66 Men's crew to those who raced in the Men's and Women's varsity boats the day before. It was glorious!

We all expressed gratitude to our coaches, and applauded the fourteen junior and senior student-rowers who stood to be recognized. We even persuaded founding coach Duvall Hecht to allow us once more to express our appreciation for his leadership across the years.

Please visit the Friends' website for more details, and plan for a similar event in 2010.



The DelCastillo '97 and De Santos '98 Families



Christer Fiege-Kollmann '82, John '79 & Denise Augustine, Mike Gilb '79, and Craig Jack '77



John Adsit '68 discusses race conditions on Lido Channel with members of '09 Men's Crew



Coaches Jacobson '01 and Chamberlain visit with alums Anderson '01 and Moya '03

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Thank You for Your Support

Each year the UC Irvine Rowing program raises a large portion of its operations budget through donations from alumni, boosters, parents and families. Below is a list of those we'd like to thank for their financial contributions to the rowing program through the UCI Foundation during 2007 and 2008. Contributors for earlier years (2000 to 2006) are posted at the website of Friends of UCI rowing.

Alumni are indicated by the last year they rowed while family/parents are indicated by an "'F". The contributors are listed below by fiscal year (8/1 to 7/31) and level of contribution: Olympian- \$10,000 or more; Elite- \$9,999 to \$3,000; Champion- \$2,999 to \$1,000; 1st Boat- \$999 to \$250; Varsity- \$249 to \$1.

<u>2008</u>

Olympian Budge Collins, Collins Inc.

Champion

Alexander F. Hubbard '87 Bruce Ibbetson '75 William C. Lachmar '75 George '72 and Holly Stone

1st Boat

John '68 and Eleanor Adsit Jimmy Bao Pham '03 Gregory Bates '76 & Joann Leatherby

<u>2007</u>

Olympian William Butler '74 Budge Collins, Collins Inc.

Elite Sheryl Sullivan 'F

Champion

Alexander F. Hubbard '87 Pacific Sports LLC George '72 and Holly Stone David Powell Thurston '90 Wilson and Karen Wong 'F

1st Boat

John '68 and Eleanor Adsit Leon Anderson 'F John M. Bonino Jay N. Collins '81 Louis and Anna Dinwiddie 'F Donald A. Draper 'F Stuart Gibson '69 Gina's Pizza & Pastaria Irvine Duvall Y. Hecht Kaia Hedlund Peter Kraus Ronald M. Lind M.D. '78 Michael V. Maxwell '03 Ellen Michaelson 'F Jeffrey and Gwen Speakes 'F Stephen Zotovich '73

> At right, UCI's Home 2000m Race Course, Lido Channel, Newport Bay

Jay N. Collins '81 Jeff Folick 'F Duvall Y. Hecht Sigrid Hecht Ronald M. Lind M.D. '78 Michael Edward Murphy

Varsity

Paul Ayers '70 Mrs. Baker 'F Sue Ellen Bolt 'F John M. Bonino Michael '93 and Kate Burke

Varsity

Barbara Aaronson Robert Amador 'F Kristin and Bill Amend '94 Cherie Anderson 'F Maureen Angle 'F Antonis and Marie Antoniou Sue Ellen Bolt 'F Julie Bryant Don G. Burns '66 Boris Buzan '69 Ray & Sheila Charette Rosie Chin 'F Ronald and Sandra Cohen 'F Anthony Cole



Jeff '86 and Laura Emdee James '75 and Sharon Erwin Norman '73 and Marie Gleichman Wesley Hein '78 Boma Koko 'F Monique Manspeaker 'F Abraham Mertens Alvin M. Samala '85 Tracy Seemann 'F Dickson Shafer Paul Arthur Spittler '80 Mr. and Mrs. Dennis Sweeney '70 Bernadette Zachariah 'F

John Denny 'F Mary K. Dillon '01 Steven '68 and Candis Duffy Bob Ernst '67 Matthew and Lucia Evans 'F Pamela Farrell 'F Jeff Folick 'F Michael '79 and Gayle Gilb Norman '73 and Marie Gleichman Kay Gordon 'F Guy Gottschalk M.D. '70 Charmaine M. Harker 'F Wesley Hein '78 Annette Langford Howard 'F Christopher Hudson 'F Catarina Iwata 'F Louise and Jeff Kessler 'F Boma Koko 'F Maxim Lazarov 'F Patricia Miller-Fee 'F John Molitor, Jr. '80 Nadia Moya '03 Lawrence S. Offner Edick Ohanian 'F David Papajohn 'F Julie J.W. Ruth 'F Dickson Shafer Annette and Dennis Slack 'F Brenda Varma Villa Rentals. Inc. David Walls '90 Michael Ward 'F Ted '73 and Carolyn Weyand Dr. Thomas Craig Wohlstadter '75 Robert S. Yamamoto

Friends of UCIrvine Rowing Website: ucirowing.org

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The website of the Friends of UCIrvine Rowing was officially launched in November, 2008.

The Alumni of UCI Rowing created the website and the "Friends of UCI Rowing" organization to:

- Provide an online forum for the UCI rowing community;
- Organize support for the program; and
- Ensure that rowing remains a prominent sport at UCI

We particularly welcome families of UCI rowers, community boosters and members of the UCI administration, faculty and staff.

The website is designed to be interactive and welcomes the contributions about the current and historical operations of the program. This site is community-driven, meaning that it runs on your submissions. We encourage you to post anything you think is appropriate and interesting for our audience.

Some Anniversary Crews

Go to the Friends' website to see photos of UCI crews across the years



10 yrs: 1999 Women's Varsity at WIRA

At this time, the website offers:

- over 1,000 photos and dozens of videos;
- over 300 newspaper and printed articles;
- profiles of 200+ Alums;
- all-time roster and yearly rosters for years past;
- coach's blogs and alumni news;
- timelines and history of UCI rowing;
- recognition of current and past contributors to UCI rowing

Currently, only Alumni can obtain the privileges from being registered at the site. These include posting items (news, photos, videos); submitting a profile; e-mailing to other registered users; and commenting on the contributions of others

We plan in the near future to expand registration to include parents/ families and other boosters. Please visit the website so that it will become a vibrant forum for UCI Rowing.



30 yrs: 1979 MV8, won Cal Cup at SDCC & WIRA, 1st UCI boat to race at Henley



5 yrs: 2004 Women's Varsity



40 yrs: 1969 MV8, 4th at Western Sprints; 1st UCI 4-year rowers



5 yrs: 2004, MV8; Parker Cup win



20 yrs: 1989 MV8, won WIRA and Cal Cup at SDCC; competed at IRA

Enclosed is a fundraising appeal letter from Coaches and Alumni with a donation form at the bottom. And we've enclosed a return mailing envelope. We thank you for your support. Please make checks payable to <u>UCI Foundation</u> (code: 2219, Rowing) and mail to:

UC Irvine Intercollegiate Athletics 4500 19172 Jamboree Road Irvine, CA 92612-9788 To donate online, visit: "ucirvinesports.com" and click "Giving to Athletics" Please be sure to designate "Crew" as the beneficiary of your gift.